

# Lunch Menu



## WEEK ONE – AUTUMN WINTER

(Ve) vegan option



	Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
STAR DISH	Tomato and Basil Pasta Bake (v) 	Chicken Italiano (h)  Marinated Chicken Wraps (h)	Homemade Beef (h) & Vegetable Pastry Pie 	Fire Cracker Chicken (h)  Marinated Chicken Wraps (h)	Smoky BBQ Chicken & Vegetable Burrito (h) 
MEAT FREE	Butternut Squash & Cauliflower Curry with Rice (ve) 	Basilico (vg) 	Cheese and Onion Puff Pastry Roll (v)	Arribbiata (vg) 	All Day Breakfast Quorn Sausage Burrito (v) 
GRAB & GO	Pizza Slices	Pizza Slices	Pizza Slices	Pizza Slices	Pizza Slices
	Rice, Broccoli, Sweetcorn 	Pasta Spirals, Jacket Potatoes, Baked Beans 	Thyme Roasted Potatoes, Carrots & Cauliflower 	Pasta Spirals, Jacket Potatoes, Baked Beans 	Rice, Peas, Sweetcorn 
HOT PUDDS	Hearty Apple Crumble (v) with Custard	Golden Syrup Sponge (v) with Custard	Homemade Jam Sponge (v) with Custard	Marble Sponge Cake (v) with Custard	Giant Chocolate Cookie (v)



# Lunch Menu



## WEEK TWO – AUTUMN WINTER

(Ve) vegan option

















	Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
STAR DISH	Homemade Macaroni Cheese with Crispy Fried Onions (v)	Chicken Italiano (h) Marinated Chicken Wraps (h)	Chinese Style Chicken Meatballs (h) 	Fire Cracker Chicken (h) Marinated Chicken Wraps (h)	Caribbean Jerk Chicken (h) 
MEAT FREE	Homemade Plant-Based Cottage Pie (vg) 	Basilico (vg) 	Buffalo Coated Roast Cauliflower Tortilla (vg) 	Arribbiata (vg) 	Cheese & Onion Puff Pastry Roll & Oven Baked Wedges (v)
GRAB & GO	Pizza Slices	Pizza Slices	Pizza Slices	Pizza Slices	Pizza Slices
	Peas, Roasted Cumin Carrots, 	Pasta Spirals, Jacket Potatoes, Baked Beans 	Rice Green Beans, Sweetcorn, 	Pasta Spirals, Jacket Potatoes, Baked Beans 	Rice, Sweetcorn, Garden Peas, 
HOT PUDS	Chocolate Shortbread (ve)	Banana Sponge (ve) & Custard	Lemon Drizzle Cake (ve)	Marble Sponge (ve) & Custard	Iced Vanilla Sponge (ve)



## WEEK THREE – AUTUMN WINTER

(Ve) vegan option



	Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
STAR DISH	Chicken and Cauliflower Korma (h) 	Firecracker Chicken (h)  Marinated Chicken Wraps (h)	Piri Piri Chicken & Sweetcorn Meatballs (h) 	Chicken Italiano (h)  Marinated Chicken Wraps (h)	Sticky Hoi Sin Chicken with Edamame Beans (h) 
MEAT FREE	Indian Spiced Butternut Squash, Aubergine & Chickpea Dhansak Curry (ve) 	Basilico (vg) 	Cajun Style Dirty Vegetable Rice (ve) 	Zingy Peppers (vg) 	Homemade Indian Spiced Onion Bhaji Burger (ve)
GRAB & GO	Pizza Slices	Pizza Slices	Pizza Slices	Pizza Slices	Pizza Slices
	Rice, Mixed Vegetables 	Pasta Spirals, Jacket Potatoes, Baked Beans 	Rice Carrot & Green Beans 	Pasta Spirals, Jacket Potatoes, Baked Beans 	Rice Carrots, Cauliflower 
HOT PUDS	Homemade Oaty Flapjack (v)	Vanilla Sponge (v) & Custard	Homemade Lemon Drizzle Cake (v)	Chocolate Sponge (v) & Chocolate Sauce	Giant Chocolate Cookie (v)